

**Job Title:** First Team Sports Scientist  
**Location:** Poolfoot Farm  
**Hours:** Full Time inc evenings / weekends  
**Salary:** Competitive

We have exciting opportunity to recruit a highly motivated, innovative and committed individual, to undertake a full-time role as First Team Sports Scientist

The successful applicant will have gained experience and extensive knowledge from working within elite sport and will have provided a range of scientific support to athletes and teams.

## Role and Responsibilities

- Lead, deliver and enhance the Club's Sport Science provision in line with the Club's strategic objectives – to prevent injury and to enhance individual and collection athletic performance.
- Lead on all aspects of data analysis (e.g. workload, GPS and heart rate monitoring) biomechanical assessments, anthropometric assessments, physiological and fitness assessments, medical and physical screening, predictive testing of size and shape/maturation measurement.
- To be the main point of contact for the Catapult system and super user of the software. Ensuring the Club benefit from investment in the software and use to its full capability.
- Manage and lead the development of long-term loan and athletic development planning.
- Liaise daily with the Head of Performance and Fitness Coach regarding the status and physical preparation required to reduce the risk of injury occurrence and maintain high performance and athletic development of first team squad members (e.g. monitoring and intervention).
- Manage and deliver individual and group strength and conditioning programmes, including both indoor and pitch-based strategies.
- Ensure appropriate recovery and injury prevention strategies are adopted after training and fixtures.
- Liaise daily with the medical department on player status, wellness and rehabilitation.
- Design and/or enhance existing evidence-based protocols for return to train and return to play processes and manage the transition process in conjunction with the medical department.
- Ensure the latest clinical, scientific and technical innovations for applied practice are implemented while maintaining the highest level of care.
- Deliver a nutritional strategy to all squads within the full-time structure.
- Liaise closely with national teams' performance and medical departments to ensure the players sports science and medical needs are met whilst on international duty.
- Provide support and guidance to the academy sports science and medical departments in relation to the transition of players into first team and streamline strategies and protocols through the Club.



## Qualifications

### Essential

- BSc/BA in Sports Science (or related discipline)
- Valid enhanced CRC check
- Full UK Driving Licence

### Desirable

- MSc/MRes/MPhil in Sports Science (or related discipline)
- BASES accreditation
- UKSCA accreditation

### What you need to do now

If you're interested in this role, please send an up-to-date copy of your CV and cover letter to:

**Recruitment@fleetwoodtownfc.com**

Please note the closing date for this role is **7<sup>th</sup> August 2020**

If this job isn't quite right for you but you are looking for a new position, please contact us for a confidential discussion on your career.

*Fleetwood Town Football Club and Fleetwood Town Community Trust are committed to safeguarding the welfare of children and young people and expects all staff and volunteers to endorse this commitment.*

***This information is available in different formats if required. Please contact Fleetwood Town Football Club directly on 01253 775080***

